

## Coil-Over Shock Kit 1997-2004 F-150 (2WD)/1999-'04 Lightning & Harley Davidson (COS-FT01)

This RideTech coil-over shock kit has been developed specifically for Stifflers Lower Control Arm (FLCA-FT02) to provide superior ride and handling for your F-150 truck. One of the key components is matching the correct stroke shock to your desired ride height. Follow the steps below to ensure the maximum performance increase for your truck!

## SELECTING THE CORRECT SHOCK STROKE

- Confirm your desired Ride Height as shown below.
- From the tables below confirm the required stroke for your desired ride height. (If using Drop Spindles be sure to use the appropriate table)

(NOTE: These tables are for Stifflers spec RideTech shocks only, others will vary.)



Using OEI	Using OEM Spindles		
Desired Ride Height	Recommended Stroke		
18" +	4.1"		
17" - 16"	3.6"		
15" - 14"	2.9"		

Using 1" Drop Spindles		]	Using
Desired Ride Height	Recommended Stroke		Desired R
17" +	4.1"		Height 16"
16" - 15"	3.6"	-	15" - 14
14"	2.9"		

Using 2" Drop Spindles	
Desired Ride Height	Recommended Stroke
16"	4.1"
15" - 14"	3.6"